How we can help you:

Your feet are host to 25% of your body's bones. When these bones are out of alignment so is the rest of your body.

The Foot Power clinic provides thorough diagnosis and effective treatment for any of the following common foot conditions and their referred pain:

- Achilles pain
- Ankle sprains
- Arch pain
- Bunion pain
- Flat foot
- Heel pain
- High arch
- Hammer toes
- Tendonitis

Referred pain or issues:

- Lower back pain
- Knee pain
- Uneven wear on shoes
- Poor sports performance

From children to senior citizens, professional to recreational sports enthusiasts, Foot Power clinics guarantee to offer real solutions to your individual foot and ankle needs.

Putting feet first...

Read this brochure and call the Foot Power clinic to arrange for a consultation with a highly trained foot care professional.

The Foot Power clinic is located at:

Suite G5, 25 Ryde Rd, Pymble NSW 2073

Call 02 9972 4488 to arrange an initial consultation and take the first step towards enjoying a pain free lifestyle.

**Referrals are not essential.*

foot power®
what a relief!

Providing innovative solutions for foot and ankle pain

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www.footpower.com.au

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What our clients say...

"Foot Power got me back in the game! My ankle pain has gone, and I feel great!"

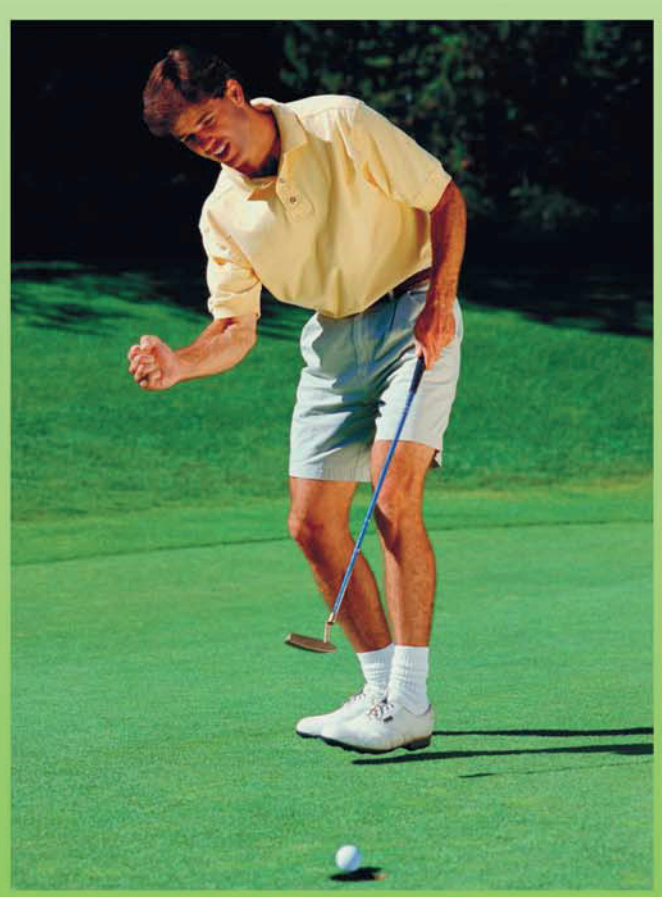
Alan, recreational golfer

" Foot Power put my mind at rest... and I feel better for having my daughter's feet assessed."

Chloe, mother of 1

"My foot pain was not only affecting my lawn bowls game, but all aspects of my life. Foot Power identified the problem, and provided a solution to pain I always thought I had to live with...thank you!"

Robin, retiree and keen bowler



Established in 1888 in Europe, and operating in Australia since 1988, Foot Power is already a **preferred supplier to orthopaedic foot and ankle surgeons** throughout Sydney.

Your feet are your foundation

The team at Foot Power are recognised leaders in providing diagnostic foot care solutions.

This expertise is now available to anyone experiencing chronic pain or concerns regarding their feet.

Foot Power offers a range of innovative and purpose built orthotics that is unique to the Foot Power clinic. Engineered by physiotherapists and orthopaedic professionals, the breadth of the Foot Power orthotic range allows your feet to be individually addressed for the best possible outcome.

Services offered at the Foot Power clinic include:

- Purpose built and custom designed orthotics
- Regular footwear modifications
- Custom made medical grade footwear
- Assessments and treatment plans
- WorkCover consultations

Want more good reasons to give your feet the best possible care? Here are some compelling foot facts...

The foot contains 26 bones, 33 joints, 107 ligaments and 19 muscles.

Most people are born with healthy feet. By adulthood around 80% of the population will have developed some form of foot problem.

The average person takes 8,000 to 10,000 steps a day, which adds up to about 185,000 kilometres in a lifetime, or around the circumference of the earth four times!

foot power®

what a relief!